

As we light the candles we remember that - God the  
Father who loves us is here.

That Jesus, the Son, who brings us peace and  
freedom is here

and that God, the Holy Spirit, who encourages us is  
here.

Lift up your hearts  
We lift them to the Lord



Freya



# Why is there a dog in school?

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You may be wondering why there is a dog in school.

Freya is here because as your health and wellbeing minister I wanted to teach you a bit about 'OK9' dogs and what they do.

# A little about Freya

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- **Breed:** Golden Retriever
- **Likes:** Food and fuss
- **Favourite toy:** Sid the sausage dog
- **Character / traits:** Freya is so chilled and loves a good cuddle
- **Favourite food:** Whatever is put in front of her -a typical retriever but she does love cheese

# What's good about Wellbeing dog

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- Reduces stress
- Reduces anxiety
- Reduces worries
- Helps you feel better when you are sad
- Helps to start conversations

# What's is an 'OK9' dog?

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An OK9 dog is trained to:

- Be patient
- Give cuddles
- Listen
- Be calm
- Be friendly

## Warrant card

Freya has an ID card so she can get into work safely, it is just like the one my dad wears when he goes to work. It has her photograph and name on it



# Why Freya goes into work

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Sometimes police officers have to deal with not very nice things.

This can be upsetting and worrying for them so Freya goes into work with my dad.

Freya gives big cuddles and lets people stroke her to help make them feel better.

If students are upset or anxious within schools 'Wellbeing' dogs can also be used to help them feel better.

Freya says  
thank you  
for  
listening



**Go in peace**



to love and serve God and one  
another